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### **IB SEHS NOTES | IB Sport, Exercise & Health Science**

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### **9780199129690, IB Sports, Exercise and Health Science**

IB Sports, exercise and health science Sub-topics 5.2 Information processing Topic 5 Skill in sport 1. The characteristics and classification of skill

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The IB wishes to thank the educators and associated schools for generously contributing time and resources to the production of this guide. First assessment 2018. 2 Sports, exercise and health science guide Introduction The Diploma Programme The Diploma Programme is a rigorous pre-university course of study designed for students in the 16 to 19 age range. It is a broad-based two-year course ...

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The IB DP course in sports, exercise and health science standard level (SL) involves the study of the science that underpins physical performance. The course incorporates the traditional disciplines of anatomy and phys-

### **International Baccalaureate Diploma Programme Subject Brief**

IB Sports, exercise and health science Sub-topics Skill in sport 5.3.1 Distinguish between learning and performance Topic 5 Skill in sport Although we measure learning by observing

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Introduction and Note to Students Dear Future SEHS Student, Welcome to IB Sports, Exercise, and Health Sciences. In this fast-paced, one-year class, we will be learning all about the human body and how it functions through the lens

### **IB SEHS Anatomy Handbook - montgomeryschoolsmd.org**

IB Diploma Sports, Exercise & Health: Course Book Oxford IB diploma John Sproule IB Diploma Program. Written by an experienced IB teacher in cooperation with the IB

### **IB Diploma Sports, Exercise & Health: Course Book - John**

Sports, exercise and health science guide 1 Purpose of this document Introduction This publication is intended to guide the planning, teaching and assessment of the subject in schools.

### **Sports, exercise and health science guide**

Sports, exercise and health science (SEHS) is an experimental science course combining academic study with practical and investigative skills. SEHS explores the science underpinning physical performance and provides the opportunity to apply these principles. The course incorporates the disciplines of anatomy and physiology, biomechanics, psychology and nutrition. Students cover a range of core ...

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Nature of the subject 2 Sports, exercise and health science subject outline Links to the Middle Years Programme Students who have undertaken the IB Middle Years Programme (MYP) sciences, technology and mathematics

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Course Description: SEHS incorporates the traditional disciplines of anatomy and physiology, biomechanics, psychology and nutrition, which are studied in the context of sport, exercise and health.

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